

INTRODUCTION

The key to being a truly effective, lies in exploring and mastering your true potential. This workshop, not just gives you the key principles, but is full of power tips to help you handle real-life situations and develop the first-class skills that you need to become a dynamic and inspirational leader and practical role plays, activities which can help you feel like an expert and lead with confidence. It will help trigger enthusiasm and spark the true potential in yourself.

LEARNING OBJECTIVES

On completing this program, participants will:

- Personal development and growth in the area of motivation
- Opportunities for self-discovery of unrealized potential
- Awareness of possibilities and attitudes
- Management of motivating and de-motivating factors
- The Enneagram
- Human Psychology

Methodology:

- Accelerated Training Approach- *Learning Design Re-patterning*
- Problem Based Learning
- Role-Play and Activity
- Case Scenario Analysis

COURSE OUTLINE

DAY 1

- Understanding human behavior
- Definition of success
- How empowered people function
- Common mistakes
- Barriers to Performance
- Black and White Thinking .
- Understanding EQ
- Knowing and Managing yourself
- Beliefs and Values
- Thinking of your own needs-W.I.I.F.E
- Marslow's hierarchy of needs vs Spiral Dynamics - Graves Theory
- Principles of Desires
 - Hygiene factors (dissatisfiers)
 - Motivator factors
- Competency: A Definition
- The 9 Competencies
- How They Were Chosen
- The Psychological Factor
- Your Attitude And Vision
- A Positive Attitude Affects Personality
- The Power Of A Positive Attitude - Mood Swings
- Insights to the Enneagram

DAY 2

- Model of human motivation
- Dealing with barriers to motivation
- The Inner Rudder
 - Mental Frames
- Motivating skills and techniques for individuals
- Maintaining self-motivation
- Dealing and motivating the different behavioral characteristics
- Many "Styles" Of Leadership
- Identifying your own Model for leadership
- The Flipside Technique
- What Style Are You?
- Test Your Inert Potential
- Creating a Positive Belief System
 - New Behavior Generator
- Expand Your Professional Development
- Balance Your Life!
- Thinking excellence is forever
- Your Action Plan

ABOUT THE TRAINER – MR PRAGA

Praga is a highly interactive and innovative trainer, whose work is mainly based on research and applied knowledge from extensive experiences in benchmarking organizations best practices. His training uniqueness comes from his Accelerated Training Approach which is built on Learning Design Re-patterning Model TM known by many to be entertaining, refreshing, yet filled with success formulas.

Praga is the co-founder of Accelerated Training Approach built on Learning Design Re-Patterning™ Model and a Fellow Member with the Institute of Therapies Management (London).

He holds a Degree in Business and several Diplomas in Psychology and Psychotherapy and a Masters in HRM & Organizational Psychology. He's also a:

- Certified Master Trainer in Psychotherapy
- Certified ATA Master Trainer
- Certified Psychometric Profiling Trainer
- Certified Trainer in Applied Counselling
- Certified Stress Management Trainer
- Certified NLP Master Practitioner
- Certified Master Life Coach
- Certified Behavior Management Specialist.

Praga is the only Singaporean to be certified as a Master Trainer with the Institute Therapist Management of London researching on Human Behavior. Praga travels extensively while working with many supporting partners globally. His expertise in training management are vast and some to name were in developing organizational framework, managing training initiatives, product/course development and customization, training facilitation and conducting needs analysis. teambuilding, among others. She has also worked with the Workforce Development Agency of Singapore to develop training content for the Employability Skills System.

Psychological Leadership By Praga



Decide with Confidence

Date: 13th & 14th May 2010, 9am – 5pm
Venue: Concorde Hotel Singapore (Formerly Le Meridien Orchard Singapore)
Fee: [] S\$640 for D&B Subscriber [] S\$720 for Non-subscriber
(Includes materials, refreshments and lunch)

**EARLY BIRD – Fax in your registration before 13th April to receive a 10% off regular fee
Or, GROUP SAVINGS – Send 2 or more participants to enjoy a 10% off regular fee**

Fax the completed registration form to 6778 3853

Participant(s) Information

Name 1: _____ **Job Title:** _____
Email: _____ **(DID):** _____
Name 2: _____ **Job Title:** _____
Email: _____ **(DID):** _____
Name 3: _____ **Job Title:** _____
Email: _____ **(DID):** _____

Company's Information

Name of Company: _____
Address: _____ **(Postal Code)** _____
Telephone: _____ **Fax:** _____
Liaison Officer: _____ **Job Title:** _____
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Cancellation Policies

1. A seat will be reserved upon receipt of completed registration form, and confirmation of seat upon payment received
2. A substitute participant is welcome at no charge should you not be able to attend. Please provide the necessary details. Only cancellation made 14 working days before commencement is entitled to full refund of seminar charges. No refund thereafter including no show during day of commencement. A complete set of materials will however be sent to you.
3. D&B reserves the right to postpone or cancel the seminar for reasons whatsoever. In such a case, D&B will provide a full refund to registrants who have made payment towards the event and such registrants shall have no claims against the company
4. D&B reserves the right to change venue due to unforeseen circumstances.